



BRIGHTON CHILDREN'S CENTRE

(BCC Buzz)

IMPORTANT DATES

Directors meeting 7:00 pm
Wed. Jan. 24

Parents/Caregiver 11:00 am
& Children-Dietitian
at United Church
& Lunch
Monday Dec. 4

INFORMATION

- Don't forget your Sobeys' tapes and Canadian Tire money
- **Visit to Applefest Lodge** on Tues. December 19 by the Day Care
- **PA Day Child Care— Fri. Dec. 1** phone Centre now if you are interested.
- **Parents/Caregivers & Children - Hot Lunch & Social Time** on Mondays at the United Church.
Crafts 10:30 -11:30
Lunch 11:30–12:30
- New Name—**BCC Buzz**— thanks to **Kelly Cooper**
- **Spring Draw** (coming) for Doll House donated by Brighton Lions Club

PROGRAM NEWS

Day Care News

The season of celebration is upon us and the children have already begun their wish lists! December will be full of celebration here at the daycare too! Our main focus for the season will be giving and sharing with those around us.

We will begin the month with some singing to prepare for a visit at Applefest Lodge on Tuesday, December 19th. We will, also, be making special gifts for our hosts! We will be incorporating a giving time into our group activities, too. Children will be encouraged to create small gifts to share with a friend. We will have plenty of wrapping and decorating items available on our free craft shelf!

The first two weeks of December, there will be a box by the back door for the children to bring donations to the food bank. Be sure to check out our Advent Stockings and Gingerbread Houses that will be decorating our room for the season!

We will be finishing off our Christmas celebrations with a party on Wed. and Christmas movies (in our pajamas on Friday!).

Don't forget, Holiday Childcare Needs forms need to be returned by December 8th. We need to make sure we have enough staff working over the holidays

Please remember, as well, that we are required to be outside for an hour in the morning and an hour in the afternoon. The children really enjoy this gross motor time and we want them to be well dressed for the wintry weather!

We are looking forward to a wonderful month full of excitement.

Happy Holidays to all!

From: Penny, Annette, Rhonda, and Diana

Hot Lunch

On Mon. Dec 4, the Kimberly Leadbeater, the Dietitian from the Health Unit will be visiting the Hot Lunch Program to discuss Children and Food. Come prepared to ask lots of questions. She will be there at 11:00 am and will be there during lunch to answer more questions informally. Parents always find this session worthwhile. We will have sitters to be with the children.

Mary & Katherine

To Contact Our Centre

PHONE NUMBERS

Day Care and B and A School 613-475-1811
Preschool 613-475-4217

WEB SITE

www.brightonkids.com

EMAIL

info@brightonkids.ca

Preschool Chat

November has passed with our carnivores and herbivores in our Prehistoric Preschool, thankfully with no one becoming extinct. Oh, except for the dinosaurs for the month of December!

We have been involved in a lot of dramatic scenarios with the dinosaurs, and we are amazed at the puzzle skills of quite a few of our preschoolers. We marveled at the active volcanoes we made out of play dough, vinegar and baking soda, and enjoyed the dig in our moon sand for baby dinosaurs!

December will be a month filled with **surprises and celebrations**, with concepts that include name printing, as we are writing letters to Santa and taking them to the mailbox, the first week of December. We hope to get a letter back in time for the holidays.

Surprises will continue as we design an advent calendar that will offer a surprise each day at group time. Our theme centre will be surprise central, as we work as elves wrapping and sorting presents in the right size boxes. We will be working on a surprise gift for the entire family and creating keepsake ornament for years to come. It will be a busy month filled with anticipation and creativity!

Robyn, Diana, Sandra

Before and After School Tidbits

Brrrr.....Its cold out there! Just a quick reminder to send all the winter stuff to keep your child toasty warm. We are out almost everyday and want to enjoy it to the fullest.

The school-agers have all become parents! The room is now home to 11 (at least) very tiny baby guppies. We were lucky enough to see the babies pretty much as soon as they were visible. What an exciting event it was. Big Momma is doing well and now we are trying out new names for all of them. In a few months they will be big enough to move. If anyone is interested in adding guppies to their tank, let us know!

December is going to be a busy month. We have winter and festive crafts on the go, and we are really going to showcase our talents with some new artwork on the walls.

The P.A. Day is on December 1st. The Before and After School Program will be open! We have some fun things planned including our favorite, karaoke and we are going to make our afternoon snack! Lunch and snacks are provided for the day, so no need to send anything. We can't wait to see what the day brings.

Just a reminder that with the break coming up, we would like to know who needs care for that time. Notes have been sent home with the dates of operation, so please send them back as soon as possible. If you need a new one, they are posted inside our door!

Have a great month!

Amanda and Katherine

ITEMS OF INTEREST

Web Sites

- **Brighton Children's Centre**
For local links and other relevant links
www.brightonkids.ca
- **FamFun.com** (A Parenting Magazine—American)
Great parenting, craft and food ideas. Even has video how-to clips.

Books

- **Barbara Coloroso**
She is an educator, author and speaker. Her most recent book—“**Just Because It's Not Wrong Doesn't Make It Right**”.
Ideas discussed at a recent workshop at the Empire Theatre—discipline, bullying and creating a home environment where children can learn to think for themselves and act as compassionate, responsible people.
www.kidsareworthit.com (hopefully they will improve this site).

Community Events

Brighton Early Years Centre

Sharing the Caring Celebration

Toy, book and clothing exchange. Thursday, Nov 30 from 5:00 to 7:00 pm (Crafts, Clifford, and Pizza).

Festival of Lights—Thurs. Dec. 7, 14, 21

Celebration of Christmas around the World. Children and adults can participate in special multicultural events and activities.

We would like you to contribute ideas for this part of the newsletter. If you know of events coming up, let me know (Mary Gibb 613-475-2888). It can be Brighton Events, or events in the area of interest for children &/or parents.

DAY CARE & HOT LUNCH RECIPE

Pumpkin Bars—a favourite with the Day Care

- 1 c. all purpose or whole wheat flour (or mixture)
- 1/2 c. sugar
- 1 tsp. baking powder
- 1/2 tsp. baking soda
- 1 1/2 tsp. pumpkin spice mix (or 1 t. cinnamon, 1/4 t nutmeg, 1/4 t. ginger, & 1/8 tsp allspice)
- 1/8 tsp. salt
- 1 cup canned pumpkin
- 1 egg
- 1/4 c. melted margarine or oil
- 1.4 c. milk or water

1. Preheat oven to 350 F. Grease and flour an 8 x 8 inch baking pan, or spray with non-stick cooking spray, or line pan with parchment paper).

2. Combine flour, sugar, baking powder, baking soda, pumpkin spice and salt.

3. In a large mixing bowl, mix the pumpkin egg, fat and liquid very well. Add the dry ingredients and mix until combined.

4. Spread batter into prepared pan and bake for 20-25 min. Cool on a rack and spread with cream cheese frosting if desired (see below). (The children like it quite well without). Cut into 24 bars.

Frosting—if desired

Combine well—1/4 c. soft cream cheese, 1 cup icing sugar, 1 tsp. vanilla, and 1 tsp. grated lemon rind (optional)